

Spa Report

CHEVIN COUNTRY PARK HOTEL & SPA,
OTLEY, NEAR LEEDS, WEST YORKSHIRE



FACILITIES

Nestled in 44 acres of protected natural woodland and perched on the Chevin, a hill offering spectacular views over Yorkshire, this hotel is a perfect countryside retreat.

The main building (the biggest log cabin in Britain) houses the hotel and restaurant and dog-friendly lodges are dotted around the grounds of silver birch trees and small fishing lakes. Our room, built from Swedish pine logs was spacious with outside seating and a sofa area. The separate spa boasts a gym, an 11-metre pool, sauna, steam room and Jacuzzi but we spent most of our time relaxing in the outdoor hot tub overlooking the lake.

The food is sensational. The à la carte Lakeside Restaurant offers a good value six-course tasting menu with choices of fish and meat.

TREATMENTS AVAILABLE

The Sonas spa offers reflexology, facials, massages, scrubs and wraps (and a pick and mix of three 30-minute sessions). There's also a nail salon and a rasul mud room for pairs and couples.

TREATMENTS TESTED

Face and Body Sensation, 60 minutes, £85
Hot stones were placed on my back and frangipani oil massaged into my skin. My therapist identified the problem areas associated with my frozen shoulder and worked on these, leaving me more

mobile and less tense. I was then given a leg and foot massage. My rehydration facial involved two cleansers, a toner and two exfoliating masks, followed by a relaxing neck and scalp massage. This was a fantastic calming treatment that left my skin glowing.

Exotic Frangipani Monoi Scrub, 60 minutes, £60

My legs, arms and back were brushed all over to remove dead skin cells before being massaged with frangipani oil and scrubbed with an exfoliator. I was then cocooned in a wrap which felt wonderfully cosy thanks to the heated treatment table. My therapist then gave me a firm (at my request) head, neck and shoulder massage that was divine. After showering, my skin was marble-smooth and stayed that way for days.

GOOD POINTS

The heated treatment beds, exceptional range of breakfasts (with perfect poached eggs) and very friendly staff were all plus points.

WHAT DOES IT COST?

One night spa breaks start from £80 per person (valid until end of June).

CONTACT

Visit crerarhotels.com/chevin-country-park-hotel-spa or call 01943 467 818

KATE BOHDANOWICZ

/l/mx